

For immediate distribution

Press Release

## **Soneva Soul Launches the London Wellness Specialist Network**

***Guests can now extend their Soneva Soul wellbeing journey all year round with London's top therapists across the full spectrum of healing disciplines***



**August 2, 2022.** Luxury resorts pioneer Soneva has announced the launch of the [London Wellness Specialist Network](#) as part of its new, transformative wellness concept, [Soneva Soul](#). This curated directory of trusted, international wellness experts invites guests in the UK to start or continue their wellness journey beyond Soneva's award-winning resorts in the Maldives and Thailand. Supporting every area of guests' health and wellbeing all year round, this London-focused network is the first phase of Soneva Soul's expanding global reach across major cities around the world, combining ancient healing wisdom with the latest in science and medical innovation.

Ranging from rehabilitation, fertility and anxiety experts to leaders in Pilates, osteopathy, astrology and crystal healing, the London Wellness Specialist Network spans the full spectrum of healing modalities. Selected for their extensive experience



and eminence in their field by Soneva Soul's wellness experts, the specialists include: lymphatic drainage expert and modelling massage therapist [Ana Trida](#); renowned psychotherapist [Andrew Wallas](#), who uses a hybrid approach to achieve a profound alchemical transformation; hypnotherapist, author and host of The Calmer You podcast [Chloe Brotheridge](#); shamanic practitioner [Eddy Elsey](#), whose work has been featured in *GQ*, *Men's Health* and *The Telegraph*, among others; preventative health expert and founder of the multi-award-winning 360 lifestyle brand Hayo'u [Katie Brindle](#); and Vedic meditation teacher and co-founder of the London Meditation Centre [Jillian Lavender](#).

Soneva has also partnered with London-based wellness group [Aequi](#) to host an exclusive Mental Resilience Retreat. This inaugural retreat takes place during September 23-30, 2022, as an eight-day residential retreat and will be held at Soneva Fushi in the Maldives' Baa Atoll. Led by Aequi's team of expert practitioners, the retreat is open to just six guests and will integrate psychological and holistic approaches to wellbeing through a fully personalised, one-to-one service.

Launched in late 2021 and guided by the principle of 'lifestyle evolution', Soneva Soul reconnects mind, body and soul through personalised care plans that help guests realise their utmost potential and achieve their long-term wellness goals. This unique wellness concept builds upon Soneva's experience at the forefront of the luxury hospitality and wellbeing industry over the last 27 years, harnessing the knowledge and expertise gathered during Soneva's journey since launching its first spa at Soneva Fushi in 1995 – from traditional therapies, naturopathy and healing rituals, to the latest in diagnostics and scientific advances in medicine.

For the full list of recommended wellness experts in London, click [HERE](#)

For more information about Soneva, visit [www.soneva.com](http://www.soneva.com)

For more information about Aequi, visit [www.aequi.co.uk](http://www.aequi.co.uk)

For images, download [HERE](#)

*All images remain the property of Soneva and its photographers as credited and cannot be altered in any way.*

- Ends -





## **About Soneva**

Founded in 1995, Soneva is an award-winning sustainable luxury resorts operator. At Soneva Fushi, Soneva Jani and Soneva in Aqua in the Maldives, and Soneva Kiri in Thailand, true 'luxury' is defined by peace, time and space. Each day, guests are encouraged to discover the SLOW LIFE, reconnecting with themselves and the natural world through rare, unforgettable experiences that inspire and enthrall.

Soneva is a pioneer for responsible tourism, combining a conscientious, proactive approach to sustainability with exquisite luxury and intuitive personalised service. Carbon neutral since 2012, Soneva launched its Total Impact Assessment in 2016, a first for the hospitality industry, measuring its social and environmental impacts. A mandatory 2% environmental levy is added to every Soneva stay, with proceeds going towards the not-for-profit Soneva Foundation to offset both direct and indirect carbon emissions from resort activities and guest flights. The Foundation funds a range of global projects that have a positive environmental, social and economic impact.

### **For more information, please contact:**

Donna Campbell

Communications Director

Soneva

19/F Two Pacific Place, 142 Sukhumvit Rd., Bangkok 10110, Thailand

T: 66 (0) 2631 9698 | E: [donna@soneva.com](mailto:donna@soneva.com) | [www.soneva.com](http://www.soneva.com)