

Children's Menu

From soothing scrubs and oils of local coconuts to meditation and movement classes, we invite young guests to enjoy a selection of wellness experiences. Enter the peaceful enclave of Soneva Soul and choose from a variety of full body treatments and movement programmes.

Pamper Treatments

Children's Massage

Pamper your little princes and princesses with a gentle and relaxing full body massage with pure virgin coconut oil.

Duration: 30/60 minutes **Price:** USD 60/120++

Mini Abhyangam

Warm oil is gently applied to the entire body, from the scalp to the soles of their little feet.

Duration: 30 minutes **Price:** USD 100++

Yummy Coconut

A gentle all over body scrub using fresh coconut which will leave their skin soft and exfoliated.

Duration: 30 minutes **Price:** USD 50++

Pretty Me

Begin with a soak followed by a hand scrub. Finish with a gentle massage with home-made coconut oil, and choice of nail polish.

Duration: 30 minutes **Price:** USD 40++

Fancy Feet

A warm soak is followed by an exfoliating foot scrub. Finish with a gentle massage with home-made coconut oil, and choice of nail polish.

Duration: 30 minutes **Price:** USD 40++

Spoil Me

Begin with a gentle head massage with warm coconut oil followed by a relaxing foot massage.

Duration: 30 minutes **Price:** USD 60++



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Hair Salon for Children

Hair Cut

Duration: 45 minutes

Price: USD 60

Girls' package

Includes wash, cut, dry, style **Duration:** 150 minutes

Price: USD 60

Movement for Children

Children's Ballet

Techniques performed at a slow tempo to help children learn the smaller, more basic ballet steps and movements. A more challenging, intermediate program is conducted for more advanced juniors.

Duration: 60 minutes **Private Training:** USD 130

Group class, 2 to 8 guests maximum: USD60 per person

Meditation

Breathwork and mindfulness techniques that help children learn to regulate their nervous system and feel a deep sense of relaxation and peace within the body and mind.

Duration: 45 minutes **Private Training:** USD 70

Group class, 2 to 8 guests maximum: USD 50 per person

Jungle Gym

A fun exercise session that helps children build muscle, enhance their gross motor and sensory skills and practice their balance. A more challenging program is conducted for older children and teens.

Duration: 1 hour **Private:** USD 190

Terms & Conditions

While the menu is designed for children 14 years and younger, children under 6 are also welcome to join if accompanied by a parent or a babysitter. We also ask for parents to sign our health assessment and consultation form before each treatment or programme.

Cancellation policy

Bookings and cancellations can be made through your Barefoot Guardian or directly with the Soneva Soul reception. If you need to cancel or modify a session, please advise the Spa or your Barefoot Butler at least 4 hours in advance to avoid a full charge being applied to your account.